

Congresswoman Sanchez is committed to providing Orange County families with the information they need to protect themselves from the H1N1 ("Swine") flu. The Centers for Disease Control (CDC), California Department of Public Health, and other public health organizations are working around the clock to track, prevent, and treat H1N1 cases as they occur. Below you will find tips for keeping kids flu free, practical information for employers and educators, and resources from reliable sources. **Remember, prevention is the first line of defense.**